



Dear Family Members & Friends of Ardmore,

Ardmore takes the health and safety of the people we support and our staff seriously. Understanding that communicable diseases and COVID-19 are on everyone's mind, we wanted to reassure our community that we are taking steps to keep those who spend time at Ardmore safe and healthy.

One of the most important things that we can do is limit people's exposure to communicable (infectious) diseases. It can be difficult sometimes to know exactly when to send someone to their day program or to keep them home. As a rule, an adult individual should stay home if they are experiencing any of the following:

- fever of 100 degrees F
- vomiting
- diarrhea
- coughing, runny nose, congestion
- persistent pain (ear, stomach, head, etc.) widespread
- rash

While any of these symptoms could be the result of a minor cold or food allergy, we have no way of determining the severity of the illness at our Program site(s). We must consider the safety of all the individuals (people supported, staff and other visitors to our programs) who may be exposed to an unknown bacterial or viral disease and the potential for devastating outcomes. We must also consider that a sick person is uncomfortable, and unable to fully participate in their program. While we take every possible precaution to prevent contamination, the best protection we can offer is to not expose people unnecessarily.

If a person arrives at a program experiencing any of the symptoms above, they will be subject to program specific return to work procedures.

Please feel free to contact me, or your normal agency contact with any questions or concerns.

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